



WEEK AT A GLANCE June 26 – July 2, 2017

Sanibel Recreation Center | 3880 Sanibel Captiva Rd. | Sanibel, FL 33957 | (239) 472-0345

Closed July 4th in Observance of Independence Day

WEIGHT ROOM & LAP POOL

Monday - Thursday: 6:30 a.m. – 8 p.m. (Lap Pool closes at 7 p.m.)
Friday: 6:30 a.m. – 6:30 p.m.
Saturday: 8 a.m. – 5 p.m.
Sunday: 12 p.m. – 5 p.m.

GYMNASIUM

Monday - Thursday: 5:30 p.m. – 8 p.m.
Friday: 5:30 p.m. – 6:30 p.m.
Saturday: 8 a.m. – 5 p.m.
Sunday: 12 p.m. – 5 p.m.

TENNIS COURTS

***Check with front desk for availability**
Monday - Thursday: 6:30 a.m. – 8 p.m.
Friday: 6:30 a.m. – 6:30 p.m.
Saturday: 8 a.m. – 5 p.m.
Sunday: 12 p.m. – 5 p.m.

SKATE PARK

Thursday: 2 p.m. – 4 p.m.

EXERCISE POOL, KIDDIE POOL

Monday - Friday: 12 p.m. – 5 p.m.
Saturday: 10 a.m. – 5 p.m.
Sunday: 12 p.m. – 5 p.m.

WATER SLIDE

Monday - Sunday: 12 p.m. – 5 p.m.

GAME / TEEN ROOM

Monday - Thursday: 6:30 a.m. – 8 a.m. & 5:30 p.m. – 8 p.m.
Friday: 6:30 a.m. – 8 a.m. & 5:30 p.m. – 6:30 p.m.
Saturday: 8 a.m. – 5 p.m.
Sunday: 12 p.m. – 5 p.m.

PLAYGROUND

Monday - Thursday: 7 a.m. – 7:30 p.m.
Friday: 7 a.m. – 6:30 p.m.
Saturday: 8 a.m. – 5 p.m.
Sunday: 12 p.m. – 5 p.m.

All persons 18 years of age and over must present valid government issued photo identification

UPCOMING SPECIAL EVENTS

Summer Expanded Pool Hours through July 28th!

***Youth Summer Day Camp registration is now open! Summer Camp runs weekly May 30th through July 28th. Register in advance and receive the "Early Bird" rate!

***Students entering 9th and 10th grade...join the Counselor In Training program this summer! Register now at the front desk.

**Come out to the Recreation Center for pickup pickleball on Monday & Wednesday evenings and Saturday afternoons! Times listed below.

***Mobile Mammo by Radiology Regional on Tuesday, July 25th from 9 a.m. – 1 p.m. Contact Radiology Regional Center at (239) 936-4068 to schedule an appointment.

Activity Schedule

See reverse side for the fitness class schedule

Monday, June 26

6:30 a.m. – FACILITY OPENS
8:00 a.m. – *Youth Summer Day Camp
10:30 a.m. – *Private Aquatic Instruction
2:30 p.m. – *SWAT
5:30 p.m. – Pickup Pickleball (3 courts)
6:00 p.m. – Pickup Volleyball/Open Gym
8:00 p.m. – FACILITY CLOSES

Tuesday, June 27

6:30 a.m. – FACILITY OPENS
8:00 a.m. – *Youth Summer Day Camp
2:30 p.m. – *SWAT
6:00 p.m. – Pickup Basketball
8:00 p.m. – FACILITY CLOSES

Wednesday, June 28

6:30 a.m. – FACILITY OPENS
8:00 a.m. – *Youth Summer Day Camp
10:30 a.m. – *Private Aquatic Instruction
2:30 p.m. – *SWAT
5:30 p.m. – Pickup Pickleball (6 courts)
8:00 p.m. – FACILITY CLOSES

Thursday, June 29

6:30 a.m. – FACILITY OPENS
8:00 a.m. – *Youth Summer Day Camp
2:30 p.m. – *SWAT
6:00 p.m. – ***3 v. 3 Basketball League
8:00 p.m. – FACILITY CLOSES

Friday, June 30

6:30 a.m. – FACILITY OPENS
8:00 a.m. – *Youth Summer Day Camp
10:30 a.m. – *Private Aquatic Instruction
2:30 p.m. – *SWAT
6:30 p.m. – FACILITY CLOSES

Saturday, July 1

8:00 a.m. – FACILITY OPENS
1:00 p.m. – Pickup Pickleball (6 courts)
5:00 p.m. – FACILITY CLOSES

Sunday, July 2

12:00 p.m. – FACILITY OPENS
12:30 p.m. – *Private Aquatic Instruction
1:00 p.m. – Pickup Basketball
5:00 p.m. – FACILITY CLOSES

[Click to see the Sanibel Recreation Department Program Guide with activity descriptions.](#)

*Indicates program requiring registration and or fee **Indicates new program or activity



Sanibel Recreation Center Fitness Class Schedule

All listed fitness classes are included with membership.

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7:00 a.m.	50/50 Cardio-Sculpt	Boot Camp	50/50 Cardio-Sculpt	Cycle Zone	Low-Interval Training		
8:00 a.m.		Slow Flow Yoga		Slow Flow Yoga		Recreation Center opens at 8:00 a.m.	
8:30 a.m.	Cycle Zone	Cycle Zone		Cycle Zone	Cycle Zone	Cycle Zone	
9:00 a.m.	Shallow Water Aerobics	Deep Water Aerobics	Shallow Water Aerobics	Aqua Jogging	Shallow Water Aerobics	Deep Water Aerobics	
10:00 a.m.	Zumba	Power Sculpting	Zumba	Power Sculpting	Zumba	Power Sculpting	
10:30 a.m.	Deep Water Aerobics	Yogalates H2O	Deep Water Aerobics	Yogalates H2O	Deep Water Aerobics		
11:30 a.m.						Yogalates	
12:00 p.m.	Basic Yoga	Zumba	Vinyasa Flow Yoga	Zumba	Basic Yoga		Recreation Center opens at 12:00 p.m.
12:30 p.m.							Vinyasa Flow Yoga
5:30 p.m.	Slow Flow Yoga	Cycle Zone	Restorative Yoga	Mat Pilates	Recreation Center closes at 6:30 p.m.	Recreation Center closes at 5:00 p.m.	Recreation Center closes at 5:00 p.m.

*Class schedule is subject to change

[See the Sanibel Recreation Department Program Guide for activity descriptions.](#)

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